

Martells Way Foundation



Martells Way Foundation
"Serving the Youth of Today"
Success is Achievable
7004 Security Blvd Suite 300 -A24
Baltimore MD 21244

Our Mission is to develop a positive active healthy lifestyle for children "through education & activity."

This Contract for service is between Martell's Way and _____

Name of Youth Enrolled: _____

Street Address of enrollee: _____

City, State and zip code: _____

Age: ____ D.O.B: _____ Gender: _____ Grade: _____

Emergency Contact Information

Name: _____ Contact # _____

Name: _____ Contact # _____

Parent or Legal Guardian Name: _____

Parent/Guardian contacts # _____

Martell's Way is an enrichment program that teaches (16) courses.

This is a one-year program for youth between the ages of 5 to 21 years age. Classes are held Monday through Friday from 3:30 pm to 7:30 pm. Saturday classes are held from 10:00 am to 2:00 pm. All classes start promptly at the scheduled times and end at the scheduled time. Students will not be permitted to attend more than 15 minutes after the start of each session.

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Basketball Program: This program is designed to introduce participants aged 5-20 to the fundamentals of basketball. Over six weeks, students will learn essential skills, understand game strategies, and build teamwork and sportsmanship. Each week focuses on different aspects of basketball, combining drills, practice sessions, and gameplay.

Beginner Auto Mechanic Program: The Beginner Auto Mechanic Program is designed to introduce participants aged 10-20 to the basics of automotive maintenance and repair. Over six weeks, students will gain hands-on experience, develop technical skills, and build a solid foundation in automotive mechanics. Each week we will focus on a different aspect of auto mechanics, combining theoretical knowledge with practical application.

Conflict Resolution: This class will teach young children and teenagers how to understand conflict. It will focus on how to make positive choices regarding conflict. This class is a great way to help students become confident and build healthy social skills. This class will also promote a positive and peaceful solution in dealing with conflict.

CPR (Cardiac Pulmonary Resuscitation) There will be a full day training class which is included in the health & fitness course. The student will receive CPR training under American Heart Association Guidelines and obtain the CPR cards.

Financial literacy: For children and teens it is crucial in preparing them for a financially secure future. Introducing age-appropriate lessons and activities helps instill good money habits, decision-making skills, and an understanding of financial concepts.

Health and Fitness: children who are physically fit have a positive self-image, higher self-esteem and sleep better. Exercise prevents childhood obesity, diabetes, high blood pressure and reduces the risk of developing heart disease. Children are educated in Nutrition and Health. assist them in developing healthy eating habits and making informed choices about the food they eat.

Mentoring Services: Through our tailored programs, we connect underprivileged youth with mentors who guide them toward academic success, personal development, and career readiness. Our mentoring approach emphasizes: Empowerment, Support and Inspiration.

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Mixed Martial Arts Include:

1. Jiu Jitsu Is a Martial Art combat sport and self-defense system. This sport is a great method for promoting fitness and character building in youth.
2. Taekwondo: is Ancient Korean Martial Art training which incorporates both physical and mental skills to create a well-rounded individual with character.

Modeling/ Etiquette: This class is a great way of building self-confidence in children and teenagers by learning what it takes to be a model. Students will be taught runway walking, proper stances, posture, pose, hair care, etiquette and communication skills. There will be a graduate fashion show at the end of the course.

One on One Service: This is a service to monitor a child for the purpose of safety. The client worker will use four strategies to manage disruptive behavior. The four strategies are Positive attention, Validation, consistency, routine and being a positive role model. This service is a great way to reduce defiance, difficulty with transitions, irritability and improve well-being in the student lifestyle.

Peer Pressure: This class encourages open and honest communication to help the child prepare for situations of negative peer pressure. Supporting them in finding a safe space and support of a peer who is also willing to say "no." With several tips to help the children avoid negative peer pressure and respond in a healthy way.

Reading Program: Is designed to foster a love for reading and improve literacy skills among participants aged 5-20. Over six weeks, students will explore various genres, develop critical reading strategies, and participate in engaging activities that enhance their comprehension and analytical skills. Each week focuses on different aspects of reading, including book discussions, creative projects, and reading challenges.

Sitter Program: The Sitter Program is designed to provide displaced youth and young adults with a safe, supportive environment where they can receive guidance, develop essential life skills, and work towards personal and educational goals. The program offers a holistic approach to address the unique challenges faced by displaced individuals, focusing on stability, self-sufficiency, and community integration.

Support: is the cornerstone of growth, progress, and community building. Whether it's emotional, financial, educational, or logistical, offering support fosters resilience and paves the way for individuals to reach their goals.

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Transportation Service: We are committed to ensuring that all campers have safe and reliable transportation to and from camp. Our transportation service is designed to provide a convenient and stress-free experience for both campers and their families, allowing them to focus on enjoying the camp's enriching activities and programs.

Tutoring: This class provides the youth with a safe, positive, and stimulating environment to explore learning and experience academic and personal success. Our program focuses on building educational confidence and academic support and mentoring throughout their school year.

Each session is held for 1 hour and meets 2 or 3 times weekly.

Health and Fitness sessions are held for 4 hours on Saturdays.

The cost of services is \$30.00 an hour.

One on one services and Mentoring services are \$40.00 an hour.

Transportation services and Sitter services are \$45.00 an hour.

Payments may be made weekly or monthly.

Weekly payments must be made at the beginning of each month.

Monthly payments must be made no longer than the 15th of the following month.

Payments must be made before the service is rendered.

There is a \$100.00 assessment fee for mixed Martial Arts and Health and Fitness classes. There is a one-time \$30.00 registration fee.

All students and parents/guardians will be notified 24 hours in advance of any cancellations.

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Select Class:

- Basketball Program
- Beginner Auto Mechanic
- Conflict Resolution (3 days weekly, 1 hour each day)
- CPR included in (Health and Fitness) 1 day.
- Financial Literacy (3 days weekly, 1 hour each day)
- Health and Fitness (1 day weekly for 4 hours, Saturdays only)
- Mentoring
- Mixed Martial arts (2 days weekly, 2 hours each day)
- Modeling/ Etiquette (3 days weekly, 1 hour each day)
- One on One Service
- Peer Pressure
- Reading Program
- Sitter Program
- Support
- Transportation
- Tutoring

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Form of Payment:

Weekly: _____

Monthly: _____

Martell's Way. Will not tolerate any forms of discrimination or bullying against anyone for face, color, creed or religious beliefs. Any student in violation the above mentioned offenses will be counseled for the first offense, 2nd offense will result in termination from the program.

Parent or Legal Guardian Signature:

Home or Cell # _____

Director Signature: _____

Date: _____

